

# For the Benefit of Your Patients

The following information features patient instructions for using Ethyol. This simple reminder has been shown to help increase Ethyol compliance among patients. Copies of the instructions are available through your MedImmune Oncology field representative. Visit [www.ethyol.com](http://www.ethyol.com) for prescribing information.

## ETHYOL PATIENT INSTRUCTIONS

Your doctor has prescribed Ethyol® to help protect you from moderate to severe xerostomia (pronounced zero-**stow**-me-uh) that can be caused by radiation treatment of the head and neck regions. Xerostomia is a loss of saliva production resulting in dry mouth. This happens when your salivary glands (one of the salivary glands, the parotid gland, is pictured below) are damaged and aren't working properly. Radiation therapy can cause this type of damage.

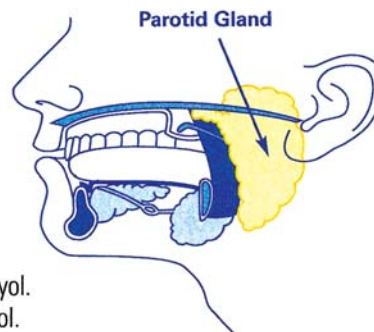
Like many other drugs, Ethyol can have side effects. Nausea and vomiting have been commonly reported by patients taking Ethyol. While no one wants to have nausea and vomiting, there are some simple yet important things you can do to reduce these effects.



Ethyol water bottle included in patient starter kit.

### 24 hours before your treatment:

- Drink at least 1 liter of water or clear fluids (nonalcoholic). One liter is about four 8-ounce glasses.
- Other hydration instructions:



### Each day of your treatment:

- Drink 2 glasses of water or clear fluids 30 minutes before Ethyol.
  - Your doctor may decide to give you more fluids before Ethyol.
- If prescribed for you, take medicine(s) to prevent nausea and vomiting:

Medicine	Dose	Time
Medicine	Dose	Time

- Other instructions:

If you are still having nausea and vomiting after drinking the suggested amount of fluids and taking the medicine your doctor prescribed for you, be sure to talk with your nurse. He or she can tell you about other things that might help manage these side effects.

Nurse Signature	Phone	Date
Patient Signature		Date

**Ethyol**<sup>®</sup>  
AMIFOSTINE  
for Injection